**Bust:** Measure around the fullest part of your bust and across your shoulder blades.

Waist: Measure around the waist at the height at which you would normally wear your trousers.

**Hips:** Measure around the fullest part of your hips.

Inside Leg: Measure from the crotch to where your trouser leg is normally worn.

## Men's

Size Guide	XS	S	М	L	XL	XXL	3XL	4XL
Chest inch	36	38	40	43	46	49	52	55
Chest cms	91	97	102	109	117	124	132	140
US Sizing	36	38	40	43	46	49	52	55
EU Sizing	46	48	50	52-54	56	58	60-62	64
FR Sizing	48	50	52	54-56	58	60	62-64	66

## Women's

Size Guide	6	8	10	12	14	16	18	20	22	24
Bust inch	31	32	34	36	38	40	42	44	47	49
Bust cms	79	81	86	91	97	102	107	112	119	124
US Sizing	2	4	6	8	10	12	14	16	18	20
EU Sizing	32	34	36	38	40	42	44	46	48	50
FR Sizing	34	36	38	40	42	44	46	48	50	52